

1st International Workshop on End of Life Care **Wish To Hasten Death: a clinical vision of a new-old syndrome?**

Barcelona, 29-30 November 2013

The main objective of our scientific meeting is to broaden the understanding of the Wish To Hasten Death (WTHD) phenomenon. This includes questions such as what does it mean for the person who feels it, where does it come from, how does it present? Evidence shows that the WTHD is closely linked to general suffering. Our intention is to create a scientific dialogue that leads to interventions that reduce suffering and improve patient care.

AIMS

- To contribute to the dissemination of the concept and current knowledge about the WTHD among professionals and others who are interested in this issue.
- To foster a network of clinicians and researchers interested in the clinical aspects of End-of-Life Care.
- To discuss and share the current knowledge on WTHD in patients with advanced illness.
- To explore the possibility of research on WTHD, involving international partnerships.

WORKSHOP AGENDA

29 NOVEMBER: OPEN SESSION

- 10:00 Registration
- 10:30 Presentation
- WeCare, **Josep Porta & Cristina Monforte**
 - Àltima, **Josep Ventura & Jordi Viñas**
 - ICO, **Candela Calle**
 - Health Councillor, the Honourable Mr **Boi Ruiz**
- 11:00 Coffee Break with those who attended the Presentation
- 11:30 Wish to Hasten Death: results of a Metaethnography, **Cristina Monforte**
- 11:50 Prognosis, survival and the WTHD in far-advanced cancer patients, **Christian Villavicencio**
- 12:10 Relationship between Meaning in Life and WTHD **Stephanie Lichtenfeld**
- 12:30 Discussion & questions, **Albert Balaguer & Markus Meier**
- 13:00 Lunch
- 14:00 Attitudes towards, and wishes for euthanasia in advanced cancer patients, **Lars Materstvedt**
- 14:20 Ethics in end of life issues and decision making, **Chris Gastmans**
- 14:40 Discussion & questions, **Lars Materstvedt & Chris Gastmans**
- 15:10 Coffee Break
- 15:40 Medical end-of-life decisions: does its use differ in vulnerable patient groups?, **Luc Deliens**
- 15:55 Wish to Hasten Death in daily clinical practice, **Alberto Alonso**

- 16:10 Studing the views of patients and professionals regarding WTHD: experiences from our research projects, **Gerrit Frerich**
- 16:25 Discussion & questions, **Luc Deliens, Alberto Alonso & Gerry Frerich**
- 16:50 General discussion and closing comments, **Albert Balaguer, Josep Porta & Cristina Monforte**

30 NOVEMBER: CLOSED SESSION

Special sessions for speakers and experts.

INVITED SPEAKERS AND EXPERTS

Alberto Alonso, MD, PhD, Medical Director of the Palliative Care Unit. Hospital Universitario La Paz. Madrid.

Rogelio Altisent, MD, PhD, Director of the Professionalism & Clinical Ethics Chair and lecturer in the Faculty of Medicine, in the Universidad de Zaragoza.

Ramón Bayés, PhD. Psychologist. Psychology Emeritus Chair; Universitat Autònoma de Barcelona. End of Life researcher.

Miguel Ángel Cuervo, MD, PhD, Palliative Care Unit; Hospital Universitario Badajoz.

Luc Deliens, MA, MSc, PhD, Medical Sociologist. Professor of End-of-life Care Research, Vrije Universiteit Brussel, Brussels, Belgium. Professor of Public Health and Palliative Care, VU University Medical Center, Amsterdam, the Netherlands.

Gerrit Frerich, Master of Science in Sociology. Center for Palliative Care Medicine; University Hospital Cologne.

Chris Gastmans, PhD, Medical Ethicist. Centre for Biomedical Ethics and Law, Faculty of Medicine, Catholic University of Leuven, Belgium.

Stephani Lichtenfeld, PhD, Psychologist. Department of Psychology. Chair of Personality and Educational Psychology. University of Munich, Germany.

Lars Materstvedt, PhD, Professor of Philosophy at the Faculty of Humanities; Norwegian University of Science and Technology (NTNU), Trondheim, Norway.

Markus Maier, PhD, Psychologist. Department of Psychology. University of Munich, Germany.

Germà Morlans, MD, Consultant Physician. Palliative Care Unit. Althaia, Xarxa Assistencial Universitària de Manresa, Barcelona. Lecturer of Palliative Medicine; Universitat Internacional de Catalunya.

María Nabal, MD, PhD, Medical Director of the Palliative Care Support Team; Hospital Universitari Arnau de Vilanova. Lleida. Lecturer of Palliative Medicine. Medicine School; Universitat de Lleida.

Joaquín Tomás-Sábado, RN, PhD, Psychologist. Lecturer of Escola Universitària d'Infermeria Gimbernat, Universitat Autònoma de Barcelona and Universitat Internacional de Catalunya.

Jordi Trelis, MD, Clinical Director, Palliative Care Service, and Medical Director of the Institut Català d'Oncologia. Lecturer of Palliative Medicine; Universitat Internacional de Catalunya.

Christian Villavicencio, MD, PhD candidate, Consultant Physician. Palliative Care Service. Institut Català d'Oncologia-L'H. Barcelona. Lecturer of Palliative Medicine; Universitat Internacional de Catalunya.

ORGANISING COMMITTEE

Josep Porta-Sales, MD, PhD, Director of the WeCare Chair. Head of the Research & Education of Palliative Care Service; Institut Català d'Oncologia. Senior lecturer of Palliative Medicine; Universitat Internacional de Catalunya.

Cristina Monforte, RN, MSN, PhD, Co-director of the WeCare Chair. Director of the Nursing Department of the Medicine and Health Sciences School; Universitat Internacional de Catalunya.

Albert Balaguer, MD, PhD, Coordinator of the WeCare Chair. Dean of the Medicine and Health Sciences School; Universitat Internacional de Catalunya.

Sponsorship

- Universitat Internacional de Catalunya.
- Institut Català d'Oncologia.
- Àltima.

Languages

Spanish & English (simultaneous translation will be provided).

Venue

Aula Magna, Campus Barcelona.

Price

Free (the registration fee is covered by the Chair).

Registration required

www.uic.es/fivida

For more information

wecare@uic.es